

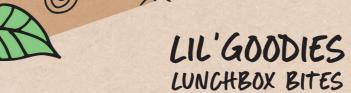
KURANDA GLUTEN FREE

OUR COMMITMENT SINCE 2006, IS TO PROVIDE PREMIUM HEALTH FOODS DESIGNED FOR PEOPLE MAKING DIETARY LIFESTYLE CHOICES.

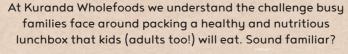
THE KURANDA WHOLEFOODS RANGE IS MADE USING PREMIUM QUALITY PLANT BASED NATURAL INGREDIENTS THAT ARE 100% GLUTEN FREE, WHEAT FREE, DAIRY FREE

AND LOW GI. WITH PRODUCTS DESIGNED TO SUIT A VARIETY OF DIETARY NEEDS INCLUDING COELIAC, DIABETIC, PALEO,

VEGAN, LOW FRUCTOSE, LOW SUGAR, LOW SALT DIETS AND MORE.



10 individually wrapped bites per 180g pack



These Lil' Goodies are just like you would make them at home only we have done the work for you. A Nut Free recipe of wholesome real fruits, infused with natural flavours, these yummy bites can be enjoyed by the whole family

Source of Fibre - Plant Based - Vegan Dairyfree - Egg Free - Raw Cold Pressed

Kuranda Wholefoods - Unit 15/7 Inglewood Place, Baulkham Hills NSW 2153 - P:(O2) 8883 0884

www.kurandawholefoods.com.au











NUTRITION INFORMATION

Servings per package: 10 Serving Size: 18g

		3
Average	Quantity	Average Quantity
p	er Serving	per 100g
Energy	276 kJ	1536 kJ
Protein	0.9 g	5.2 g
Gluten Not	Detected	Not Detected
Fat (total)	3.1 g	17.2 g
- Saturated	2.4 g	13.1 g
- Trans	0.0 g	0.0 g
Carbohydrate (total)	9.0 g	49.9 g
Sugars	6.5 g	36.0 g
- Dietary Fibre	1.4 g	7.6 g
Sodium	2 mg	12 mg

INGREDIENTS: Dates, Apricots, Coconut, Sorghum, Pure Maple Syrup, Sunflower Seeds, Coconut Oil, Vanilla (1%), Himalayan Salt.

DESCRIPTION	S.K.U DIMENSIONS IN MM
Lil Goodies Vanilla Bean	145x190x45

SHIPPER QTY	PACK SIZE	UNIT BARCODE	OUTER BARCODE
8	180g	9324414000090	19324414000097



NUTRITION INFORMATION

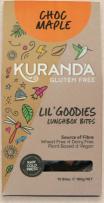
Servings per package: 10

		Serving Size: 10g
Average	Quantity	Average Quantity
pe	r Serving	per 100g
Energy	273 kJ	1833 kJ
Protein	0.9 g	19.0 g
Gluten Not	Detected	Not Detected
Fat (total)	3.3 g	23.9 g
- Saturated	2.5 g	6.2 g
- Trans	0.0 g	0.0 g
Carbohydrate (total)	8.3 g	32.6 g
Sugars	5.8 g	24.0 g
- Dietary Fibre	1.4 g	8.1 g
Sodium	2 mg	45 ma

 $\label{localization} \mbox{\bf INGREDIENTS:} \ \mbox{Dates, Apricots, Coconut, Sorghum, Sunflower Seeds, Coconut Oil, Banana (5%), Himalayan Salt.}$

DESCRIPTION	S.K.U DIMENSIONS IN MM
Lil Goodies Banana Smoothie	145x190x45

SHIPPER QTY	PACK SIZE	UNIT BARCODE	OUTER BARCODE
8	180g	9324414000403	19324414000400



NUTRITION INFORMATION

Avera	ge Quantity	Average Quantity
	per Serving	per 100g
Energy	262 kJ	1454 kJ
Protein	1.1 g	6.2 g
Gluten N	ot Detected	Not Detected
Fat (total)	2.3 g	13.0 g
- Saturated	1.6 g	9.0 g
- Trans	0.0 g	0.0 g
Carbohydrate (tota	l) 8.8 g	49.1 g
Sugars	5.9 g	32.6 g
- Dietary Fibre	1.5 g	8.1 g
Sodium	3 mg	16 mg

INGREDIENTS: Dates, Apricots, Sorghum, Coconut, Raw Cacao, Pure Maple Syrup, Sunflower Seeds, Coconut Oil, Vanilla, Himalayan Salt.

DESCRIPTION	S.K.U DIMENSIONS IN MM
Lil Goodies Choc Maple	145x190x45

SHIPPER QTY	PACK SIZE	UNIT BARCODE	OUTER BARCODE
8	180g	9324414100073	19324414100070



NUTRITION INFORMATION

Servings per package: 10 Serving Size: 18g

Average Quantity per Serving Average Quantity per 100g 1635 kJ 294 kJ 5.6 g Not Detected 21.2 g 46.7 g 0.0 g 46.7 g 32.7 g 7.9 g 13 mg Not Detected 3.8 g 0.0 g Carbohydrate (total) Sugars - Dietary Fibre 1.4 g

INGREDIENTS: Dates, Apricots, Coconut(24%), Sorghum, Sunflower Seeds, Coconut Oil, Vanilla, Himalayan Salt.

DESCRIPTION	S.K.U DIMENSIONS IN MM
Lil Goodies Coconut Slices	145x190x45

Energy Protein

Gluten Fat (total)

- Saturated - Trans

SHIPPER QTY	PACK SIZE	UNIT BARCODE	OUTER BARCODE
8	180g	9324414100066	19324414100063